The vibrations of your alarm get inside your ears and wake you up from a short, but needed, amount of sleep. You get your breakfast ready and start to eat, while observing your clock and make sure it’s not close to 9:00 yet. It’s actually 9:00 now and you are on your seat, getting ready to start your part time slavery.

**17:00,** you made it!! It’s time to sit on your cozy couch until it’s bed time. You go to sleep while feeling sad for all that wasted time and you cannot do anything but blaming your low-salary job for REPEATING EVERY DAY IN YOUR LIFE UNTILL YOUR RETIREMINT.

Arnold Bennett is discussing how to get out of this loop. He thinks that time is a miracle that cannot be replaced by something else. *“Time can often produce money, but money cannot produce more time, time is extremely limited”.* something that is very great about time is it’s always fair. Doesn’t matter if you are the poorest person on earth or Elon Musk, you will always get your 24 hours of a day. For many people 1/3rd of that time is actually spent in work, so you’ve got about 16 hours. In order to live those 16 hours, you have to set up your own “*program*”. You have to seek for development in your life and start what you want to do whatever it’s reading, having fun or even having another job. This program should include the day meals and sleeping time. Thought, the problem in this program is that it was made more than 100 Years ago, and the development of Mobile phones, laptops, and social media is not a part of the calculations.